



HUMAN CONCERN UK

HCI Ramadan Impact Report **2026**





HUMAN CONCERN
INTERNATIONAL

BLESSINGS BEYOND FASTING
RAMADAN FOOD DISTRIBUTION 2026
Gaza strip



“Whoever saves a life, it
is as if they have saved
all of humanity.”

(Qur'an 5:32)

327,000+

Individuals Fed

60,205

Food Packs Distributed

07

Countries Served

33,000

Hot Meals Delivered

A Message of Gratitude



Assalamu Alaikum wa Rahmatullahi wa Barakatuh,

This Ramadan, the generosity of our donors and community transformed into something truly extraordinary - dignity, nourishment, and hope for hundreds of thousands of people across the world.

Because of you, families in **Bangladesh, Jordan, Kenya, Lebanon, Morocco, Pakistan, and Palestine (Gaza & Jerusalem)** were able to break their fast with a warm meal. Children celebrated Eid with gifts and laughter. Widows and orphans felt the warmth of a community that had not forgotten them.

This report is **your** report. It is a testament to what we can accomplish together, and a promise that with continued support, we will reach even further.

Jazakum Allahu Khairan.

Mahmuda Khan, Global CEO

IMPACT AT A GLANCE

Ramadan 2026: By The Numbers

60,205

Food Packs Distributed
Ramadan Food Programme

07

Countries Served

Across 3 Continents

33,000

Hot Meals Provided

Gaza & Jaresulem

3,451

Zakat Al Fitr Food Packs distributed

Across 3 Countries

17,826

Zakat Al Fitr Beneficiaries

Individuals Impacted

3,500

Orphan Children Celebrated Eid

Special Eid Gaza

PROGRAMME HIGHLIGHT

Ramadan Food Distribution Overview

Our goal was simple: no family should go hungry during the holy month of Ramadan. We prioritised the most vulnerable: families headed by women, households with children, elderly & with disabled members, and those facing food insecurity. Each food pack was designed to cover both Iftar and Suhoor for a full family.

327,000+

Individuals Reached
Through Food Packs

Country Card Grid By Region

Middle East

Lebanon

10,225

Individuals Reached

Jordan

5,762

Individuals Reached

Gaza

295,965

Individuals Reached

Jerusalem/Al-Aqsa

3,802

Individuals Reached





Africa

Kenya

2,000

Individuals Reached

Morocco

890

Individuals Reached

South Asia

Pakistan

4,998

Individuals Reached

Bangladesh

3,500

Individuals Reached

Gaza: Standing with Our Brothers & Sisters

Gaza remains at the epicentre of the world's most urgent humanitarian crisis. During Ramadan 2026, Human Concern UK launched an extensive humanitarian response in Gaza, delivering multiple streams of aid to ensure displaced families could fast with dignity, children could celebrate Eid, and no one was left behind.



295,965
Gazans Reached
Across all programmes

54,193
Food packs in Gaza
Distributed to families

3,500
Orphaned Children
Celebrated Eid

24,000
People reached with
hot nutritious meals

1,000
Zakat Al Fitr packs in Gaza
Distributed before Eid

ZAKAT AL-FITR

Fulfilling an Obligation Bringing Eid to Every Home

Zakat Al-Fitr is a sacred obligation; a purification of a fasting person and a gift of dignity to those who might otherwise not be able to celebrate Eid.

Human Concern UK ensured that this obligation was fulfilled in three countries, bringing the joy of Eid to thousands of deserving families.



516

food packs

PAKISTAN

3,612 individuals

1,000

food packs

GAZA

5,000 individuals

1,935

food packs

JORDAN

9,214 individuals

TOTAL

Zakat Al-Fitr Packs

3,451

Total

Individuals

17,826

CHILDREN & ORPHAN SUPPORT

Protecting the Most Vulnerable

Every child deserves to feel safe, loved, and celebrated, especially during Ramadan and Eid. HCI's child-focused programming this Ramadan centred on orphaned and vulnerable children across 4 countries.

Eid Celebration for 3,500 Orphaned Children - Gaza

In Gaza, where conflict has robbed thousands of children of their normal childhoods, HCI organised a special Eid celebration exclusively for orphaned children. Each child received a gift, participated in festivities, and experienced a rare moment of joy and belonging.

These 3,500 smiles are a reminder of why we do this work.



VOICES FROM THE FIELD



Fatima - 65, Displaced Caregiver

When the food basket reached Fatima's shelter at the start of Ramadan, the constant worry that had filled her days began to ease. For weeks, she had struggled to find a way to feed her daughter and grandchildren, unsure how they would manage iftar.

This assistance was more than food, it lifted a burden her aging body could no longer carry. It meant her grandchildren could eat with dignity. It meant relief, in a moment of deep uncertainty.

Fawza (Um Khaled) - Widowed Mother

Before Ramadan, Fawza faced each day with the same fear, how to provide for her children with so little. Meals were reduced, and worry carried into sleepless nights.

When the food basket arrived, that fear gave way to a sense of calm. The support was not just nourishment, it brought stability back into her home. It meant her children could break their fast without uncertainty. It meant dignity, restored when it was needed most.

The Families Behind The Numbers

ADDITIONAL PROGRAMMES

Beyond Food: Holistic Support During Ramadan

Food security is the foundation, but HCI's Ramadan mandate extends further. Throughout the holy month, we continued running complementary programmes that address the full spectrum of human dignity.

Water Wells & WASH Projects

HCI continued its water well construction and WASH (Water, Sanitation & Hygiene) initiatives during Ramadan 2026, partnering with local organisations in South Asia and Sub-Saharan Africa. Each well provides lasting impact year-round - reducing illness, freeing children to attend school, and enabling families to observe the cleanliness required for prayer.



Child Sponsorship Programme

HCI's Child Sponsorship Programme across 4 countries provides year-round support - food, healthcare, education, and emotional wellbeing - ensuring no orphaned child faces the future alone. Ramadan campaigns generate critical sponsorships that sustain these children throughout the year.

Education & Schooling Support

In Bangladesh, Pakistan, HCI's education programme continued through Ramadan providing school supplies, teacher support, and safe learning spaces for children whose schooling has been disrupted by poverty or conflict.



BECAUSE OF YOU

**“Whoever relieves the hardship of a believer in this world, Allah will relieve their hardship on the Day of Resurrection.”
Prophet Muhammad (SAW)**

Alhamdulillah. This Ramadan we proved once again that when a community unites around compassion, justice, and faith, extraordinary things happen. From the streets of Gaza and beyond, Ramadan 2026 was a testament to the power of collective giving.

The need does not stop when Ramadan ends - and neither do we. Your continued support makes year-round impact possible. On behalf of every family fed, every child who celebrated Eid, and every community lifted - **thank you.**

**Jazakum Allahu Khairan,
Mahmuda Khan
Global CEO**





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